

Lehi Community Council Newsletter

Asset #36

Peaceful Conflict Resolution

Goal: To help children resolve conflicts nonviolently

To teach your family how to solve conflicts in a peaceful manner, demonstrate and practice conflict resolution at home. For example, when a conflict arises 1) Have everyone involved state their needs and wants without blaming others, 2) Have everyone really listen and try to understand each other, 3) Stay focused on the conflict at hand; don't bring up other conflicts, 4) Emphasize creative problem solving and new solutions, 5) Negotiate until you reach a win-win result. In addition, allow family members to leave the discussion when they're too angry to resolve the conflict peacefully and agree on a time to reconvene and try again. Talk about small conflicts before they become big problems. Finally, teach your children that hitting, pushing, kicking or other violent behaviors are not OK! This goes for adults in the family, too.

Lehi City will launch its new and improved web site April 1. Come take a look!
www.LehiCity.com



Lehi Old Folks Party

All residents 60 and over are invited to celebrate "Mardi Gras" on April 9 in the Commons at Lehi High School. Entertainment starts at 11 a.m. and lunch will begin at noon. Join the Grace Family Band for dancing after lunch.

Lehi's first Modesty Fashion Show, "Rock the Runway," was a huge success. There was a great turnout. If you missed this fabulous event, watch for the next one. There are plans being made for one in the Fall.

Lehi Arbor Day Event

will be on Saturday, April 30, in Lehi Band Wagon Park (900 N. 200 W.) There will be a fun nature scavenger hunt and the kick off for the Giant Pumpkin Contest. Free seeds will be distributed. Contact Steve Calton 420-4136.



Lehi Arts Council Information:

Lehi Chorale is doing great and growing!! If you are interested in participating in this wonderful community group, the orchestra or the Lehi Silver Band, they are all seeking new members.

Comedy Month at the Lehi Arts Center!!!

Kids Play	"I Need a Vacation"	April 5-6
Community Play	"The Nerd"	April 14-20
Community Play	"Honk" (Ugly Duckling)	April 29

Master Hip Hop Classes back by popular demand! Shane Sparks, Coreographer! April 8-9 @ LHS girls gym.

www.lehiarts.org to pay online or for more info.



Lehi High School Information

Prom is April 16 at Thanksgiving Point Garden Area. Cheryl Allgaier is in charge of chaperones.

May 27 is graduation at the Marriott Center in Provo at 4 p.m. The All Night Party follows from 10 p.m. to 5 a.m.

The BSCT Test results are in and looking real good. Many thanks to the after school tutoring program. For more info call 768-7000.

There is a big concern in the school regarding bullying. Talk with your children to help stop this problem. Encourage them to reach out to others who seem lonely and befriend those being picked on.

If your student witnesses something that needs to be brought to the attention of those in charge, speak to Darcy Bugdon, campus officer.

There is still a problem with youth abusing pills. Parents, please be aware of where your medications are.



Identity Theft Preventive Measures

Identity theft is on the rise. If you suspect you might already be a victim, contact the Social Security Administration at 1-800-772-1213 or at www.socialsecurity.gov









If your identity is still your own, consider the following preventive measures to ensure it'll stay that way:

- 1) Don't give out your Social Security number, credit card number or any other personal information over the telephone unless you initiated the call.
- 2) Before revealing any personal information by telephone, confirm the caller is who they say they are by asking for their name, address and telephone number or even calling the Consumer Protection at 1-801-530-6601. Also ask them why they need it, how it will be used or how they protect it from being stolen.
- 3) Don't put your Social Security number on your personal checks.
- 4) Cut back on the number of credit cards or forms of identification you carry.
- 5) Before throwing them out, tear up or shred papers with personal information, credit card receipts, bank statements, expired credit cards and pre-approved credit offers.

Head Start School in Orem was vandalized. Donations to help the preschool recover can be mailed or dropped off at the Mountainland Head Start, 264 W. 300 N., Provo, UT 84601 Attention: Director. For more information call Michael Rigert at 344-2548 or email mrigert@heraldextra.com.



Lehi Boy Scout District Calendar

-  April 7 Roundtable, Saratoga Springs Stake Center, 7 p.m.
Roundtable Sessions, Saratoga Springs Stake Center, 7:30 p.m.
Safety A Float Training - after Roundtable, 8:30 p.m.
-  April 21 District Commissioner Meeting at the Saratoga Springs Stake Center, 7 p.m.
District Executive Committee Mtg., Saratoga Springs Stake Center 8:15 p.m.
-  April 29-30 District Spring Camporee
-  May 5 Roundtable, Saratoga Springs Stake Center, 7 p.m.
Roundtable Sessions, Saratoga Springs Stake Center, 7:30 p.m.
-  May 7 Scout Expo
-  May 11 New Leader Essentials Training at the Eagle Mountain West Stake Center
-  May 11-12 Cub Scout, Boy Scout, Varsity, and Venturer Basic Training at the Eagle Mountain West Stake Center.
-  May 19 District Commissioner Meeting at the Saratoga Springs Stake Center, 7 p.m.
District Executive Committee Mtg., Saratoga Springs Stake Center, 8:15 p.m.

For more information contact C. Ronald VanLeuven at
LehiScouts@att.net

United Way Volunteer Opps

Crisis Line of Utah County needs volunteers to help prevent suicide and loneliness by answering hot-line phone calls. Volunteers are asked to make a four-month commitment and cover one overnight shift a month. Training will be provided. For more information, contact Venessa or charity at 226-4433.

Meals on Wheels needs volunteers to deliver meals to home-bound senior citizens. Delivery volunteers must have a vehicle and will be reimbursed for their mileage. Volunteers are also needed to prepare and package the meals, make phone calls and organize schedules. For more information, please call Erin Dyreng at 229-3802.

A Child's Hope Foundation needs volunteers to travel to Haiti to work with orphaned children. Volunteers need to be 18 years or older, and time commitment varies by project. Background checks will apply. For more information, contact Michelle at 434-9022.

We Need Your Help

November 20-27 will be Lehi Family Week this year. They are looking for a theme. Any ideas? Call Kathy Hitz 766-9556.

Mark Your Calendars for the “Lehi Round Up Celebration!”

June 20-25 Lehi Round Up Celebration: “Cruisin’ Through the Country”

June 17-18 **Men’s Softball Tournament** (For info call Legacy Center 768-7124)

June 18 **Golf Tournament @** Tri-City Golf Course For info call Johnny Revill 768-4076

June 20 **Family Picnic in the Park @** Wines Park 6-8 p.m. Bring your picnic lunch, lawn chairs and blankets and enjoy some hometown entertainment. A cool treat will be provided.

June 21 **Baby Contest @** Legacy Center 10 a.m.

Register the day of the contest \$10.00 fee

10:00 - 11:00 3-6 months

11:15 - 12:15 7-12 months

12:30 - 1:30 13-18 months

1:45 - 2:45 19-24 months

3:00 Winners announced

For info call Cristy Soper 766-8608/Codi Butterfield 768-9342

Dollar Day @ Lehi Swimming Pool

Free Concert @ La Villa Salon 6-8 p.m. Sponsored by Osmond Design

Youth Dance @ Legacy Center 9-11 p.m. Sponsored by the Lehi Longhorn Rodeo Team

June 22 **Western BBQ @** Wines Park 5-7 p.m. Cost is \$3.00 per person. Live music will be provided.

Cowboy Poetry @ Legacy Center 7:30 p.m.

June 23 **Stock Parade** 6 p.m. Lehi All Horse Parade, beginning at Wines Park and ending at the Rodeo Grounds. To enter this parade contact Peggy Lewis @ 768-9747

Lehi Round Up Rodeo @ 8 p.m. Family Night, discount tickets available

June 24 **Lehi’s Famous Miniature Float Parade** 6 p.m. Beginning at Wines Park and ending at the Lehi High School. To enter this parade contact Susan Peterson @ 766-3951

Lehi Round Up Rodeo @ 8 p.m.

June 25 **5K Race** Register the day of the race. Begins at the Lehi Swimming Pool Pavilion. For info call Ellie Bodily 768-0739.

Chuck Wagon Breakfast @ Wines Park 7-9:30 a.m.

Sponsored by the Lehi High Booster Club. \$3.00 per person, \$15 per immediate family.

Mammoth Parade @ 10 a.m. Beginning at Wines Park and ending at the Lehi High School.

Family Fun Day @ Wines Park 11-5 p.m. Food, entertainment, petting zoo, pony rides, big blow-up toys, rock climbing and hands-on kid’s corner.

Horseshoe Tournament @ Lehi Sports Park 2 p.m. Lehi residents only

Lehi Round Up Rodeo @ 8 p.m. Dirt Dance and Cowboy Autograph session after the Rodeo.

What children need to know if a fire starts:

Fires are scary, loud and confusing. Fires can burn very fast. Smoke can make a room very dark. Never hide or take time to get pets, toys or other belongings. Follow your escape plan.

Escape Plan:

Don’t crawl on your belly because some heavier poisons from the fire could settle in a thin layer on the floor. Feel doors with the back of your hand before opening them. If a door feels hot, it could have a fire on the other side. Go to your second exit and get out of the building as fast as you can. Meet outside to make sure everyone is safe and then call 911 for help. NEVER go back in the building for anything.

If a cooking fire starts:

Put a lid on it. Carefully slide a lid over a pan that catches fire and turn off the stove burner. Be sure to leave the lid on until it’s completely cooled. Keep an oven or microwave door shut if a fire starts. Turn off the heat. If flames don’t go out immediately, call the fire department. Know how to use a fire extinguisher. Not all fire extinguishers are alike. They are designed for specific types of fire. Make sure you have a clear escape route and call the fire department before trying to put out a small fire. Water and grease don’t mix. Never pour water on a grease fire! Water causes grease fires to spread.

